

# Spiritual Pals

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- c. How has your prayer life been throughout the past day?
- d. Have you had any blessings, victories, or answers to prayer?
- e. Do you have any burdens, pressures, questions, or struggles?
- f. How have you been doing morally in the past 24 hours?
- g. What did you read today in the Word?
- h. What did it mean to you?
- i. How are you living/obeying it?
- j. What are you memorizing? (This is a need!)

### 3. Plan

Share and plan spiritual goals with your accountability partner.

- a. Scripture memory
- b. Prayer
- c. Witnessing
- d. Good deeds
- e. Family time

Having another believer praying for you and reminding you of these things will help you actually accomplish them.

### Purpose

Accountability is one of the most important elements in both starting and continuing to obey God. The purpose of having a spiritual partner is ultimately to glorify God by growing you and conforming you to the image of Jesus Christ.

This is accomplished by linking up with another person and sharing your heart burdens, sin struggles, and prayer needs so that they can, in turn, "spur you on toward love and good deeds." (Passages related to this principle: Hebrews 3; Acts 2; 1 Corinthians 12.)

### How to Find a Spiritual Pal

1. Find an individual of the same gender.
2. Find an individual you could meet or call on a daily basis.
3. Find an individual who shares your burden for personal holiness and commitment to Jesus Christ.

### What a Spiritual Pal Does

1. **Pray**  
Seek God's direction, presence, and blessing for your time together.
2. **Discuss**
  - a. What is God doing in your life?
  - b. How have you grown in the past 24 hours (specifically)?